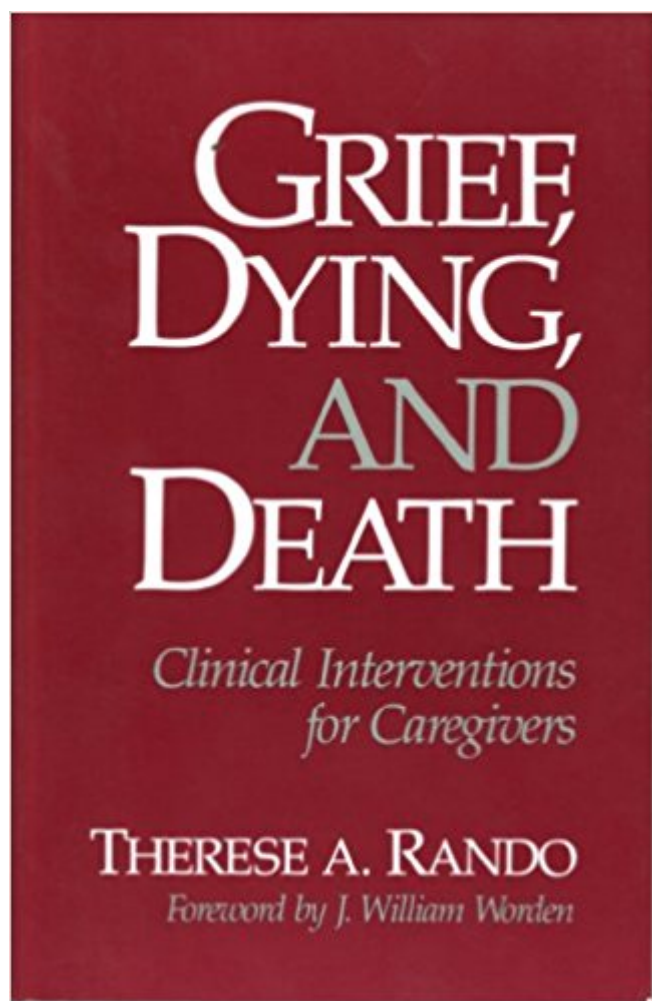


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# Grief, Dying, And Death: Clinical Interventions For Caregivers



## Synopsis

This book provides both the theoretical background and the practical treatment interventions necessary for working with those who are bereaved or dying. Important topics such as anticipatory grief, post death mourning, and the stress of grief are described in detail. Grief reactions, both normal and abnormal, as well as their causes are analyzed. Special attention is given to grief caused by the death of a child or spouse, death by suicide, and children's grief. Numerous exercises and case examples are included.

## Book Information

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## Customer Reviews

Dr Therese A. Rando , Ph.D., is the Clinical Director of The Institute for the Study and Treatment of Loss, which provides advanced training, supervision, and consultation to professionals working with the dying and the bereaved. She is also the Clinical Director of Therese A. Rando Associates, Ltd., a multidisciplinary team providing outpatient psychotherapy, specializing in loss and grief, traumatic stress, and the psychosocial care of the chronically and terminally ill. Since 1970, she has consulted, conducted research, provided therapy, written, appeared as an expert witness, and lectured internationally in areas related to loss, grief, dying, and death.

Thank you for writing this essential text. Comprehensive and doesn't leave a stone unturned

I am reading this book now. As a Chaplain I find it an excellent resource for my hospice work.

Excellent book, well written! It was required for my masters degree, but it was written for anyone to understand.

This book captivates the issues in a easy understanding manner. excellent reccomendations on how to work with your cleints and how to deal with your own lossess

Arrived on time and was as described.

This is an academic book so it's not appropriate for those who are grieving or for friends who want to be supportive, but I consider it a must read for professional caregivers, doctors, nurses and therapists who are treating people who are dying and those grieving their loss. It is a well documented overview of the early research on grief and grieving. It provides exercises for practitioners to uncover their own issues with death, dying and grief, while providing practical interventions for working with those who are experiencing a death. Despite its age (1984) it should be required reading for all therapists, grief counselors and medical practitioners. Along with J. William Worden's, *Grief Counseling and Grief Therapy: A Handbook for the Mental Health Practitioner, Fourth Edition*, you'll get a rather complete education on the subject of death and grief. This is especially important for those who may have missed it in their academic training and now find themselves dealing with it regularly. For those who are grieving, I recommend Therese Rando's book, *How To Go On Living When Someone You Love Dies*. Susan Fuller Author of *How To Survive Your Grief: When Someone You Love Has Died*

I find Theresa Rando's book very timely and interesting. That's as a caregiver in a hospital setup it just become apparent that you can only help people grieving by first getting in touch with your own visceral feelings. And that's where she started it. Thus until one permits herself or himself to feel what is normal and natural of grief situation it becomes a mirage to be able to help others. By the author's skillful and indepth discussion on Grief, the Reaction to Loss, she brought to bear all the processes which often times either exaggerated or minimised in some books. Thus by exposing what goes on in the shock, disbelief, denials and all other psychological manifestations of grief, there is no doubt that whoever gets this book is on the way to becoming a good caregiver in whatever situation. Finally, I believe the author's work on *The Dying Child* made her stands out among many authors. The issue of societal reactions to the death of a child, the challenging reality

of childhood terminal illness, and basic principles of care for the dying child among others points to the fact that, Theresa has left a landmark yet to be discovered by many. I found this book as a basic textbook, reference book, and a dictionary for grief and all death and dying topics that come my way in my caregiving activities and write-ups.

I found Rando's book to be very valuable in understanding grief and loss and the reactions that people have to both. It spells out normal and abnormal reactions to loss and how to assess someone who may need support. I recommend this book, however, many of the chapters repeat themselves and the basic concepts could have been written in a book half the size.

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